

Lotusheart Healing Weekend

with Tom Rigler

*Embark on a journey of discovery—
an offering to nourish your
heart and soul.*



The Lotusheart Healing Weekend is an experience that will take you within to the sacred part of your self—where love, light, and joy illuminate your being, where all things are possible. Lotusheart will move you deeper within your heart center to a place of unconditional love and acceptance.

The Lotusheart modality is comprised of breathwork, meditation, and energy work. Tom Rigler, an international spiritual teacher, brings forth love and energy from True Source in an atmosphere of love and healing that transports you to a very beautiful place, your Lotusheart.

Some of the things you might experience in a Lotusheart Healing seminar are:

- opening your connection to God/Divine Spirit
- releasing self-judgments & past hurts
- opening your heart
- releasing suppressed emotions
- discovering and releasing the blocks holding you back in your life
- overall balancing of your mind, body, and spirit energy

*Lotusheart is the life work of **Tom Rigler**, whose experience includes Reiki, SKHM, crystal energywork, breathwork, meditation, and other modalities. Tom is a teacher dedicated to his spiritual path. His open heart and willingness to share love lifts each class to immense beauty. Tom's purpose is to enable his students to open their hearts to heal and enhance their lives. He joins us from Maryland for this exciting weekend of healing and transformation.*

Date: Saturday, April 26 and Sunday, April 27, 2008 ~ 10 am to 5 pm each day

Location: Topaz Visions, Hermosa Beach, CA

Investment: \$350.00 class fee / \$30 materials fee for Kirlian photos (photos are optional)

(If the Lotusheart class is taken in conjunction with the Lotusfire Activations,
then your investment is \$650 for both the class and activations.)



For further information and/or to reserve your space, contact:

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For further information on Tom Rigler and Lotusheart visit:

www.lotusheart.us ♦ Email Tom at lotus@lotusheart.us